

WEEKDAY PRAYERS: SHEMA AND AMIDAH

Shema (Morning and Evening)

Deuteronomy 6:4–9

Shema Yisra'el, Adonai Eloheinu, Adonai echad.

Baruch shem kevod malchuto le'olam va'ed.

Hear O Israel, the LORD our God, the LORD is One.

Blessed is the Name of His glorious Kingdom forever and ever.

And you shall love the LORD your God with all your heart, and with all your soul, and with all your might. And these words, which I am commanding you this day, shall be on your heart. You shall teach them diligently to your children, and shall talk of them when you sit in your home, and when you walk by the way, and when you lie down, and when you rise up. And you shall bind them as a sign on your hand, and they shall be as frontlet bands between your eyes. And you shall write them on the doorposts of your house and on your gates.

Leviticus 19:18

(And you shall love your neighbor as yourself; I am the LORD.)

Deuteronomy 11:13–21

And it will be, if you listen carefully to My commandments that I am commanding you today—to love the LORD your God and to serve Him with all of your heart and with all of your soul—then I will send rain to your land at its proper time, the early rain and the late rain, that you may gather in your grain, your wine, and your oil.

And I will provide grass in your fields for your livestock, and you will eat and be satisfied. Be careful for yourselves, lest your hearts be deceived, and you turn away and serve other gods and worship them. For the anger of the LORD will flare up against you. He will shut up the heavens, and there will be no rain, and the ground will not yield its produce. And you will quickly perish from the good land that the LORD is giving you.

So place these words of Mine upon your heart and soul; bind them as a sign on your hand; and let them be as frontlet bands between your eyes. You shall teach them to your children, and shall talk of them when you sit in your home, and when you walk by the way, and when you lie down, and when you rise up. And you shall write them upon the doorposts of your house, and on your gates. Do so, in order that your days and the days of your children may be abundant upon the ground that the LORD swore to give to your fathers for as long as the heavens are above the earth.

Numbers 15:37–41

And the LORD spoke to Moses, saying: “Speak to the children of Israel, and tell them to make fringes for themselves upon the corners of their garments throughout their generations. And they shall include a blue cord in the corner fringe. And it will be a fringe for you, and you will see it and remember all the commandments of the LORD, and perform them. Then you will not follow after your own heart and your own eyes, after which you tend to go astray. Do this so that you will remember and perform all of My commandments, and you will be holy for your God. I am the LORD your God, Who took you out from the land of Egypt to be your God. I am the LORD your God.”

Amidah (Morning, Afternoon, and Evening)

O Lord, open my lips and my mouth will declare Your praise.

Patriarchs

Blessed are You, LORD our God and God of our fathers, God of Abraham, God of Isaac, God of Jacob, the great, mighty and awesome God, God supreme, Who extends loving-kindness and is Master of all, Who remembers the gracious deeds of our forefathers, and Who brings a Redeemer with love to their children's children for His Name's sake. King, Redeemer, Savior, and Shield! Blessed are You O LORD, Shield of Abraham.

God's Might

Your might is eternal, O Lord, Who revives the dead, powerful in saving, Who sustains the living with loving-kindness, Who revives the dead with great mercy, Who supports the falling, heals the sick, frees the captive, and keeps faith with those asleep in the dust. Who is like You, Almighty, and who resembles You, O King? Who can bring death and give life, and can make salvation blossom forth! And faithful are You to revive the dead. Blessed are You, LORD, Who revives the dead.

Holiness Of God's Name

You are holy and Your Name is holy, and holy ones will praise You every day, Selah. Blessed are You O LORD, the holy God.

Understanding

You bestow knowledge to man, and teach understanding to mortals. Bestow upon us knowledge, understanding, and discernment from You. Blessed are You O LORD, Who bestows knowledge.

Repentance

Return us O LORD, to Your Torah, and bring us near, our King, to Your service, and bring us back in complete repentance before You. Blessed are You LORD, who favors repentance.

Forgiveness

Forgive us our Father, for we have sinned. Pardon us our King, for we have transgressed, for You pardon and forgive. Blessed are You O LORD, Who is gracious and abundantly forgives.

Redemption

See our affliction, and fight our battle, and redeem us quickly for Your Name's sake, for You are a strong Redeemer. Blessed are You O LORD, Redeemer of Israel.

Healing

Heal us, O LORD, and we will be healed. Save us, and we will be saved, for You are our praise. Cause complete healing to arise for all our ailments. For You are God, King, Healer, faithful, and compassionate. Blessed are You O LORD, Healer of the sick of His people Israel.

Blessing Of The Agricultural Year

Bless for us, O LORD our God, this year and all the kinds of crops for goodness, and give a blessing upon the face of the earth. Satisfy us from Your goodness, and bless our year like the good years. Blessed are You O LORD, Who blesses the years.

Ingathering Of The Exiles

Blast the great shofar for our freedom, and raise a banner to gather our exiles, and gather us together from the four corners of the earth. Blessed are You O LORD, Who gathers in the dispersed of His people Israel.

Justice

Return our judges as at first, and our counselors as in the beginning, and remove sorrow and groan from us, and rule over us, You O LORD alone, with devotion and compassion, and justify us in judgment. Blessed are You O LORD, King Who loves righteousness and judgment.

Righteous

On the righteous, on the devout, on the elders of Your people, the House of Israel, and on their remaining scholars, and on the righteous proselytes and on us, may Your compassions be incited, O LORD our God, and give a good reward to all who sincerely trust in Your Name. Set our portion with them forever, and we will not be ashamed, for we trust in You. Blessed are You O LORD, stronghold and security for the righteous.

Building Of Jerusalem

Return to Jerusalem, Your city, and dwell in her midst as You have spoken. May You build it soon and in our days as an eternal building, and prepare the throne of David within it quickly. Blessed are You O LORD, Builder of Jerusalem.

Kingship Of The House Of David

Cause the Branch of David to flourish quickly, and raise his horn in Your salvation, for we hope for Your salvation all day. Blessed are You O LORD, Who makes the horn of salvation to flourish.

Receiving Prayer

Hear our voice, O LORD our God, take pity and show compassion to us, and receive our prayer with compassion and favor, for You are a God Who hears prayers and supplications. Our King, do not turn us away with nothing, for You compassionately hear the prayer of Your people Israel. Blessed are You O LORD, Who hears prayer.

Temple Service

Be favorable, O LORD our God, toward Israel Your people, turn to their prayer and restore the service to the Holy of Holies of Your House. And the fire offerings of Israel and their prayers may You speedily accept with love and favor, and may the service of Your people Israel be continually favorable to You. May our eyes behold Your return to Zion in compassion. Blessed are You, O LORD, Who restores His Dwelling Presence to Zion.

Thanksgiving

We gratefully thank You, for it is You Who are the LORD, our God and the God of our forefathers forever. Our Rock, the Rock of our lives, Shield of our Salvation are You from generation to generation. We shall thank You and relate Your praise: for our lives, which are committed to Your power, and for our souls that are entrusted to You; for Your miracles that are with us every day; and for Your wonders and favors in every season—evening, morning, and afternoon. O Good One, Your compassions were never exhausted. O Compassionate One, Your kindnesses never ended. We have always put our hope in You. For all these, may Your Name be blessed, exalted, and extolled, our King, continually forever and ever. Everything alive will gratefully acknowledge You—Selah! And may they praise Your great Name sincerely, O God of our salvation and help—Selah! Blessed are You, O LORD; Your Name is “The Good One,” and to You, it is fitting to give thanks.

Peace

Grant peace, goodness, and blessing; grace, devotion, and compassion to us and to all Your people Israel. Bless us, our Father, all of us as one, with the light of Your countenance. For in the light of Your countenance You give us, O LORD, the Torah of life, and the love of devotion, righteousness, and blessing, compassion, life, and peace. And it is good in Your eyes to bless Your people Israel at every moment and every hour with Your peace. Blessed are You, O LORD, Who blesses His people Israel with peace.

Oseh shalom bimromav, hu ya'aseh shalom aleinu, ve'al kol Yisra'el, ve'imru, imru, Amen.

May He Who makes peace in His heights make peace on all of us, and upon all Israel; now let us respond: Amen.



Beth Immanuel Sabbath Fellowship

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