

# Mussar Of Mashiach

## Class 2

### Homework

#### Notecard

1. Write the word "Humility" on a notecard.
2. Write a phrase on a card, whatever will communicate the idea to you, and tape it up somewhere you will see it and repeat it, out loud, every day. Possible phrase: Take your place, and leave room for others.

#### Journal

At the end of the day jot down a few words of reflection on how it went that day. Don't forget to take note of your successes!

#### Pray

Pray in your own words. You may be inspired by the words of Mar Ben Ravina:

My God guard my tongue from what is harmful, and my lips from speaking deceit. Let my soul be silent to those who curse me, and let my soul be like dust to everyone. Open my heart with your Torah, and let my soul pursue your commandments. If anyone opposes me and intends harm against me, quickly nullify their plan and spoil their intention.

Let it be your will, O LORD, my God and God of my fathers, that no person's jealousy would be incited against me, nor my jealousy against others. Let me not become angry today, not let me anger you. Rescue me from the evil inclination, and place in my heart submission and humility. O king our God, bring unity to your name in your world. Build your city, establish your house, and complete you palace. Gather the exiles, redeem your flock, and gladden your congregation.

Act for the sake of your name. Act for the sake of your right hand. Act for the sake of your Torah. Act for the sake of your holiness. So that your beloved ones may be delivered, save by you right hand and answer me.